



Independence at Home

A SCAN Community Service™



Class Calendar



Facebook

APRIL 2025 CLASS CALENDAR

If you would like to join by phone, please call :
1-888-788-0099 and enter the class meeting I.D.
Classes can also be accessed via the Calendar section of
our website www.independenceathome.org
or by scanning the QR code from your smart device.



Healthy Relationships
April 7 at 1:30 P.M. PST
Zoom Registration Link:
<https://bit.ly/4fXDGSb>
Meeting ID: 945 1049 8615



Trading Ages
April 8 at 1:30 P.M. PST
Zoom Registration Link:
<https://bit.ly/40ok4QZ>
Meeting ID: 963 5675 2696



Maintain Your Brain
April 9 at 1:30 P.M. PST
Zoom Registration Link:
<https://bit.ly/4ga6dDq>
Meeting ID: 942 4113 5297



Medication Management
April 14 at 1:30 P.M. PST
Zoom Registration Link:
<https://bit.ly/4eCK1kD>
Meeting ID: 945 1049 8615



Fall Prevention
April 21 at 1:30 P.M. PST
Zoom Registration Link:
<https://bit.ly/4fXDGSb>
Meeting ID: 945 1049 8615



Community Engagement
April 28 at 1:30 P.M. PST
Zoom Registration Link:
<https://bit.ly/4fXDGSb>
Meeting ID: 945 1049 8615

If you have questions about our free classes, call our Resource Line at
1-866-421-1964

or send an email to communityoutreach@scanhealthplan.com

*Independence at Home is a community service of SCAN Health Plan® providing no-cost services and supports to seniors
and their caregivers to keep them healthy and independent.*