



Independence at Home

A SCAN Community Service™



Class Calendar



Facebook

JUNE 2025 CLASS CALENDAR

If you would like to join by phone, please call :
1-888-788-0099 and enter the class meeting I.D.
Classes can also be accessed via the Calendar section of
our website www.independenceathome.org
or by scanning the QR code from your smart device.



Active Every Day
June 3 at 1:30 P.M. PST
Zoom Registration Link:
<https://bit.ly/4h5sdAG>
Meeting ID: 943 7636 7409



**Music Appreciation:
Music and Memory**
June 6 at 10:30 A.M. PST
Zoom Registration Link:
<https://bit.ly/4c8mt7N>
Meeting ID: 942 7870 9950



Maintain Your Brain
June 9 at 11:00 A.M. PST
Zoom Registration Link:
<https://bit.ly/3Y9aDEs>
Meeting ID: 943 4132 5430



**The Benefits of Drinking
Water**
June 10 at 2:00 P.M. PST
Zoom Registration Link:
<https://bit.ly/3DKuwuM>
Meeting ID: 929 6193 1924



Trading Ages
June 17 at 1:30 P.M. PST
Zoom Registration Link:
<https://bit.ly/40GAewO>
Meeting ID: 960 4638 6621

If you have questions about our free classes, call our Resource Line at
1-866-421-1964

or send an email to communityoutreach@scanhealthplan.com

*Independence at Home is a community service of SCAN Health Plan® providing no-cost services and supports to seniors
and their caregivers to keep them healthy and independent.*