



**Class Calendar** 



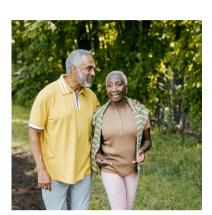
**Facebook** 

## **JUNE 2025 CLASS CALENDAR**

If you would like to join by phone, please call:

1-888-788-0099 and enter the class meeting I.D.

Classes can also be accessed via the Calendar section of our website <a href="www.independenceathome.org">www.independenceathome.org</a>
or by scanning the QR code from your smart device.



Active Every Day
June 3 at 1:30 P.M. PST
Zoom Registration Link:
<a href="https://bit.ly/4h5sdAG">https://bit.ly/4h5sdAG</a>
Meeting ID: 943 7636 7409



Music Appreciation:
Music and Memory
June 6 at 10:30 A.M. PST
Zoom Registration Link:
<a href="https://bit.ly/4c8mt7N">https://bit.ly/4c8mt7N</a>
Meeting ID: 942 7870 9950



Maintain Your Brain
June 9 at 11:00 A.M. PST
Zoom Registration Link:
<a href="https://bit.ly/3Y9aDEs">https://bit.ly/3Y9aDEs</a>
Meeting ID: 943 4132 5430



The Benefits of Drinking Water June 10 at 2:00 P.M. PST Zoom Registration Link: https://bit.ly/3DKuwuM Meeting ID: 929 6193 1924



Trading Ages
June 17 at 1:30 P.M. PST
Zoom Registration Link:
<a href="https://bit.ly/40GAEwO">https://bit.ly/40GAEwO</a>
Meeting ID: 960 4638 6621

If you have questions about our free classes, call our Resource Line at 1-866-421-1964

or send an email to communityoutreach@scanhealthplan.com